

What Happened?

On April 25, 2015 Nepal was struck by a massive earthquake, deeply affecting the country and its people. There were a series of earthquakes over several days; the most devastating of which reached 7.8 on the Richter scale.

These earthquakes caused serious damage to many parts of the capital, Kathmandu, however the worst of the devastation was seen in the rural villages in the districts surrounding the city.

Infrastructure, homes, farms and businesses were destroyed and years of small growth and development wiped out.

Rescue and emergency efforts immediately after the earthquake assisted different communities to address their urgent needs for food, water and shelter.

A sustainable, integrated approach is now needed to address the long-term needs of communities affected by the earthquake.



A Big, Big "Namaste!"

In Nepal, when people want to show appreciation or thanks they often use the word "Namaste". Because of the support of the Kamala Foundation, many women, children and families were able to sustain themselves through the aftermath of the earthquakes. Through your generous support :

- 15 volunteers from Nepal and abroad gave 4320 hours of emergency assistance
- \$38,400 worth of relief materials were distributed (food, plastic tarps, tin roofing, solar panels, water filters, blankets and clothes).
- Provided relief material to five villages in the worst affected districts (Dhading, Nuwakot and Sindhupalchowk)
- Relief materials were quickly distributed to 534 households/families

"The Kamala Foundation was on the ground fast and was able to get supplies to many villages when they needed it the most."

Sustainable approaches led to reduced risk after the earthquake

The Kamala Foundation runs food security programs for its partner Prisoner's Assistance Nepal (PA Nepal). PA Nepal cares for over 150 children of prisoners in 5 different care facilities. The Kamala Foundation grows organic food and provides it to PA Nepal as well as supports it in buying food wholesale and storing it on site. After the earthquake hit and many people were scrambling around looking for food, the children and the homes they live in were food secure. The psychological effect of being secure also helped contribute to the continued smooth operations of PA Nepal after the earthquake. Having food security allowed them to focus on other elements of care for the children as well as empowered them to reach out to other communities in need.

The Sustainable Children's Home

The Kamala Foundation developed a self-sustaining children's home for PA Nepal in 2009. The home, located in the eastern part of Nepal is self-reliant by growing its own food and developing its own energy and water sources. This children's home, the first of its kind, was able to transition through the post-earthquake period with no problems and was in the position to reach out to others in need because of it.



What's Next...

We are in this for the long run. The Kamala Foundation has now committed itself to a sustained response to help rebuild communities after the earthquake. Over the next years we will focus on the following programs:

1. **Earthquake resilient building practices and techniques**
2. **Sustainable agricultural practices and technologies**
3. **Alternative energy**
4. **Women's capacity building**
5. **Youth empowerment**
6. **A second sustainable children's home**
7. **Livelihood and income generation**

Our focus remains the same, building communities by supporting disadvantaged women and children. We will build and expand on the success that we have had in other communities in Nepal and bring those best practices to communities affected by the earthquake through integrated, community led programming.

HELPING BUILD RESILIENCE THROUGH RECOVERY



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Kamala Foundation

"empowering communities to be economically, agriculturally and environmentally self-sustainable"

www.kamalafoundation.org

And Learn More About our Partners

Prisoners Assistance Nepal

"Giving prisoners and their children a better today and a brighter future"

www.panepal.org

The Himalayan

Permaculture Center

"is a grass-roots organization set up by trained and motivated farmers to implement sustainable rural development programs in Nepal"

www.himalayanpermaculture.com

Abari

"is a socially and environmentally committed research, design and construction firm"

www.abari.org

